

# Summer 2018 Newsletter

**Welcome to our Summer Newsletter!**  
June is here and with that a beginning of summer joy for all of us. The summer holiday is fast approaching, and we would like to take this opportunity to wish our students and teachers a wonderful holiday and a well-deserved break.

Alongside our usual services, there are several important events being held at RCLC during our summer term. Grace Keal, from Reading Lifeline, will be revisiting our Centre again to deliver an introductory session

about receiving support for processing grief for babies lost or wished for.

The second visit will be by Linda from New Directions who will be visiting our classes to discuss progression routes with students. In July, RCLC will be holding Strategic Board meeting for staff and trustees and also a partner meeting with the WEA to discuss their delivery for 18/19.

Following on the completion of research project based on needs of ethnic women living in Reading, Professor Sally Lloyd-Evans together with post-doc researcher

Lorna Zischka from Reading University, will be presenting their findings and analysis in RCLC on Thurs 19<sup>th</sup> July. We are very excited to hear all about it!

Finally, we are very proud to announce that this year nomination for Reading Volunteer Awards 2018 has gone to Sarah Del Tufo. On behalf of all the staff, trustees, students and volunteers we would love to take this opportunity to say a massive “thank you” to Sarah for her immense contribution, support, time and skills she devotes to the Centre.

## Additional programme at RCLC

Same as in Spring term, RCLC is yet again offering another fitness class for women. This time our students can experience *Pilates* and *Aerobic*. The class is running at Quakers Meeting House on Tue from 10.30am.

Due to a high demand, RCLC has organized to run another *Adult MHFA Mental Health First Aid* course. This is a 2

days course running on Mon 16.7. and Tue 17.7. from 9.30am - 4.30pm.

Please speak to Shaheen for more information and to enrol on the course.

As well as the above, RCLC has offered an informal art session “*Let’s make cards*”. The class proved to be very popular and students made some very impressive cards for a wide range of occasions.



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## Staff update

Petra Robinson will be returning from her maternity on Mon 2<sup>nd</sup> July 18. We would love to say thank you to Hema for all her hard work and wish her all the best in her future. Appy Torr has managed

to find herself a new full- time role from Sept and therefore will no longer be teaching for both RCLC & WEA. We would like to wish her every success and happiness in her new role.

## RCLC – venue hire

RCLC offers an affordable venue hire to community groups, public bodies, private organizations and individuals in central Reading. If you are looking for a new venue

for a meeting or a regular booking please contact one of the staff members for further information on 0118 9595455 or send us an email : [rclcinfo@yahoo.co.uk](mailto:rclcinfo@yahoo.co.uk)

## ENROLMENT DATES FOR AUTUMN 18

Mon 2<sup>nd</sup> & Tue 3<sup>rd</sup> July 18  
from 10am to 2pm

Term starts on Tue 11<sup>th</sup> Sept 2018

Term ends on Wednesday 21<sup>st</sup> Nov 2018

Half term: Monday 22<sup>nd</sup> Oct to 26<sup>th</sup> Oct 2018

Course fee: £15

Creche fee: £15

Beauty material: £5

Sewing material/sewing machine service fee: £5



### Autumn 18

#### PROGRAMME

#### ENGLISH CONVERSATION

##### *Beginners:*

Tues & Wed 9:30 - 11:30 am

##### *Improvers:*

Tues & Wed 12:30-2:30 pm

#### PRE-ENTRY ENGLISH

Tue 9:30 - 11:30am

#### READ & WRITE Beginners:

Wed 12:30 - 2:30 pm

#### READ & WRITE Improvers:

Wed 9:30- 11:30 pm

#### BEAUTY CARE

Tue 12:30-2:30 pm

#### SEWING SKILLS Beginners:

Tue 9:30-11:30 am

#### SEWING SKILLS Improvers:

Wed 9:30-11:30 am

#### EMPLOYABILITY COURSE

Wed 12:30-2:30 pm

#### VOLUNTEERS LED GROUPS

##### KNITTING CLUB

Wed 11:30 am - 1:30 pm

##### ESOL CAFÉ

Tue 11.30 am - 12.30 pm

*All classes offered at RCLC are for women only EXCEPT for the Employability course*