

Spring 2018 Newsletter

On behalf of all the staff, trustees and volunteers we would like to wish everyone Happy New Year 2018!

The Centre started its Spring term on 9th Jan 18. We are pleased to inform you that all our core programme classes were fully recruited including two additional English Conversation classes and a brand new Pre-entry class for those students who have no English skills.

Alongside our courses, the Centre has received a number of visits from several external partners.

Firstly, we would like to take this opportunity to say thank you to Grace Keal from *Reading Lifeline* who visited our Centre on 6th and 21st Feb. She

talked to our students about confidential counselling and support for those affected by infertility or loss in pregnancy including termination. Many students found this information session very beneficial as they were not aware of such services in Reading.

Secondly, we would like to say thank you to Lydia, Police Community Support Officer, who came to talk to our students on 7th Feb about Internet safety focusing on protecting our children online.

In addition to this, we also had a visit from Sara Cooney from Lloyds foundation, John Hayes from DCLG Controlling Migration Fund and Sarah Jackson from Reading Your Way. They

have all enjoyed looking around the Centre and visiting classes to see how our students are leaning.

Last but not least, RCLC is currently undergoing a research funded by Comic Relief. The main purpose of this project is to identify needs of ethnic women living in Reading and find out if RCLC meets those needs. The lead researcher, Associate Professor at the University of Reading, Sally Lloyd-Evans has designed and organized the whole research process whilst Lorna Zischka, post-doc researcher, has been responsible for designing the questionnaire and analyzing the collected data. We are looking forward to learning all about their findings on 16th July 18.

RCLC WOMEN'S DAY – 21st March 18

International Women's Day at RCLC was yet again a very successful day! Many students as well as their friends came along to the Centre to celebrate this special day by trying our delicious world foods or pampering themselves by receiving beauty

treatment or a massage. Big "thank you" to everyone who donated lovely food on the day and also to our beauty students who performed relaxing treatments. We are very proud to announce that we raised all together **£554**.

All this money will go towards the continued great work of RCLC.



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Charity
Registration No.
1123017

ADDITIONAL RCLC COURSES

Following on from our previous term, RCLC is excited to offer another **FREE** exercising class funded by Awards 4 All. This time we will be swaying and sweating in Latin rhythm in our **ZUMBA** class starting on Tue 16.1.18 from 10.30 am in Quakers Meeting House (just opposite our Centre in church Street).

The class will run for 10 sessions. If you have a small child, you can use our OFSTED registered creche completely free of charge.

Come and have fun in this fun but very effective calorie-burning fitness class!

For more information please contact Shaheen or Hema on 0118 959 5455.



ENROLMENT DATES FOR SUMMER 18

Mon 12th March & Tue 13th March 2018
from 10am to 2pm

Term starts on Tue 1st May 2018
Term ends on Wednesday 11th July 2018
Half term: Monday 28th May to 1st June 2018

COURSE/REGISTRATION FEE

Course fee: £15

Creche fee: £15

Beauty material: £5

Sewing material/sewing machine service fee: £5



SUMMER 18

PROGRAMME

ENGLISH CONVERSATION

Beginners:

Tues & Wed 9:30 - 11:30 am

Improvers:

Tues & Wed 12:30-2:30 pm

PRE-ENTRY ENGLISH

Tue 9:30 - 11:30am

READ & WRITE Beginners:

Wed 12:30 - 2:30 pm

READ & WRITE Improvers:

Wed 9:30- 11:30 pm

BEAUTY CARE

Tue 12:30-2:30 pm

SEWING SKILLS Beginners:

Wed 9:30-11:30 am

SEWING SKILLS Improvers:

Tue 9:30-11:30 am

EMPLOYABILITY COURSE

Wed 12:30-2:30 pm

VOLUNTEERS LED GROUPS

KNITTING CLUB

Wed 10:30 am - 12:30 pm

ESOL CAFÉ

Tue 11.30 am - 12.30 pm

All classes offered at RCLC are for women only EXCEPT for the Employability course